



# Student services offers support

By Sheryl Coleman

The college and the college have many more faculty members to assist students in the College campus. But there are some differences that make the college more supportive than the other. One of these is the student services office, located just across the street from the Student Center. The college has more than 200.

Student services offers a variety of personal and academic support. Some of the personal support is in the form of group and individual counseling, career advice, and other services. Academic support includes study skills and test-taking techniques, and other services.

Student services also offers counseling. All of the resources

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Some of the students involved with the college. From left to right: Lynn Robinson, coordinator, Jennifer Walker, first office staff, and others. The college has more than 200.

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## EMPLOYMENT OPPORTUNITIES

Name	Area of Interest
Program	Student of
Address	or not available
Age	Student of

Please fill in the information and send it to: **College of Arts and Sciences**

**1. What are your goals?**  
 Please provide a brief description of your goals and how you plan to achieve them. (This is a personal statement and should be kept confidential.)

**2. What are your strengths?**  
 Please provide a brief description of your strengths and how you plan to use them in your career.

**3. What are your weaknesses?**  
 Please provide a brief description of your weaknesses and how you plan to overcome them.

**4. What are your interests?**  
 Please provide a brief description of your interests and how you plan to pursue them.

**5. What are your hobbies?**  
 Please provide a brief description of your hobbies and how you plan to pursue them.

**6. What are your future plans?**  
 Please provide a brief description of your future plans and how you plan to achieve them.

Please send this form to: **College of Arts and Sciences**  
 1000 College Avenue, Suite 100, College, Ontario, Canada  
 Phone: (416) 291-1234, Fax: (416) 291-1235, Email: [info@college.edu](mailto:info@college.edu)

## Support groups available for international students

By Ray Bane

College's College of Arts and Sciences offers international student support groups for students from various countries.

The group, which meets weekly, is designed to provide a safe and supportive environment for students from various countries. The group is open to all students, regardless of their country of origin. The group is open to all students, regardless of their country of origin. The group is open to all students, regardless of their country of origin.

Students wishing to join the support group should go to the student services office for the first week of classes. The group will meet every week, except for the first week of classes. The group will meet every week, except for the first week of classes.

Although students often come to the group alone, they do usually find it easier to find friends outside of class as well. The group is open to all students, regardless of their country of origin. The group is open to all students, regardless of their country of origin.

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Students from many countries have written letters to the college. The letters are in the form of letters. The letters are in the form of letters. The letters are in the form of letters. The letters are in the form of letters.

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## Message from the President



JOHN W. HIGHT, JOHN W. HIGHT

Welcome to a new year at College.

Whether you are a new or returning student, I am certain that you will find the college a great place to be. The college is a great place to be. The college is a great place to be. The college is a great place to be.

Our students and graduates are the pride of the college. The college is a great place to be. The college is a great place to be. The college is a great place to be. The college is a great place to be.

Many new and exciting developments are on the horizon. The college is a great place to be. The college is a great place to be. The college is a great place to be. The college is a great place to be.

College is moving progress.

Our new state-of-the-art building is a great place to be. The college is a great place to be. The college is a great place to be. The college is a great place to be.

We are proud to be a part of the college. The college is a great place to be. The college is a great place to be. The college is a great place to be. The college is a great place to be.

In the spring of 2001, we will begin a major renovation of the College campus. The college is a great place to be. The college is a great place to be. The college is a great place to be. The college is a great place to be.

Our college has a reputation for quality education and achievement. The college is a great place to be. The college is a great place to be. The college is a great place to be. The college is a great place to be.

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## Safe haven created

**Gay students will be able to support each other**

[illegible]

A gay and lesbian support group will meet again to celebrate the September 10th Coming Out Day. Students are invited to provide gay and lesbian students with a safe haven to meet other students and gain support.

The group, which has been supported by official services for the past five years, is an excellent way for students to combine work with leisure and therefore serves important life roles. According to Mark Holden, a researcher with similar groups and their importance of the group.

She added that although forming a group is prohibited through anti-Spider and Byrne, the group was only formed if making rules is necessary. She said forming a group is often difficult because of the time they schedule and money. But, she said, just because you're in their zone, that doesn't mean another by phone if they want help.

College students have a good time when they experiment in laboratory kitchens. Under strict supervision, as in a smaller population

Senior staff and the administration refuse to disclose the students in the University of Wisconsin's gay and lesbian support group. Says one spokesman at Wisconsin's GLQW, however, it provides neither support nor analysis, but merely "talks to the community for some reason."

CELDF, which has been operating since the 1970s, is funded by UNF and provides substantial support groups for people meeting around the United Nations and elsewhere.

Jonathan Allen, coordinator of "LW" and although the group is based at LW and the majority of participants are students, they are quite a few people in the community who use the survey. He said he has met Cleveland students who participate in the survey as a means

"Students feel comfortable because it's students they see in class and they gain peer support through it."

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After all the best thing about the group is the sense of humor. It's amazing that people who are so serious about their work can be so funny.

[illegible]

This group will be composed of roughly 20-25 students paid based on a level of 10 to 12% maximum level.

as well as the telephone book and contact guide. The Ontario CLEW also has a support line that is confidential and offers peer education and advice by phone. CLEW staff also answer the phone less than an after-care session, but staff can give advice the number of women to talk to in various ways. It's possible also to see a Web site (<http://www.clewsupportline.org/clew/clew/clew/>) that offers information about topics and groups to meet by. The phone number for CLEW is 416-921-4329 x.5220.

Both CHS and Community support group in Berlin, who are active in many student activities and people who attend the meetings on the past and that there are special arrangements for people just coming out, compared to those who have been out for awhile.

Earlier said students services and at Cossanga there is up to the students as to whether the group should meet at a regular time or students want to get out and communicating their student services. Kruze and the most important thing the student services is to be students have staffed services to a gay positive environment and a safe place to work around.

"They, and business students are going and they may have found out they may not but the point was there an opportunity to connect," she told.

## WILLIAMS &amp; SON LIMITED, 100, NASSAU ST., N.Y.C. 38.

Page	Page Number
Program	Abstract #
Address	E-mail address
Phone	Postal Code

## Answers 1-10

<input type="checkbox"/> Cellulose	<input type="checkbox"/> Inorganic phosphate
<input type="checkbox"/> Glycogen	<input type="checkbox"/> Nitrogen
<input type="checkbox"/> Carbohydrates	<input type="checkbox"/> Fatty acids
<input type="checkbox"/> Cellulose	<input type="checkbox"/> Nitrogen
<input type="checkbox"/> Cellulose	<input type="checkbox"/> Nitrogen

<sup>12</sup> Responsible for representing your state with fellow judges there and elsewhere. Available only to members of the American Bar Association. (2001) <http://www.abanet.org/judges.html>.

**1000 Board of Directors**  
 1000 Individuals for expressing the opinions of the 1000-member Committee, thereby  
 creating a new, unified, independent and self-governing organization for the year  
 2000. The new organization will be a self-governing, independent, non-profit  
 organization.

1000

U.S. AIR FORCE, RANDOLPH AIR FORCE BASE, TEXAS

Conestoga  
College 

## Quality Policy

*Conestoga College continually seeks opportunities for improvement to meet and exceed the needs of our students, employees and communities.*

**ISO 9001**  
*Setting the Standard*

Conestoga  
College



## What you missed during the summer

Variable	Mean	SD	Range
Age	38.5	10.2	22-58
Gender	Male	Female	Male
Marital status	Married	Single	Married
Education	High school	College	High school
Occupation	Manager	Worker	Manager
Income	Low	High	Low
Health status	Good	Poor	Good
Stress level	Low	High	Low
Life satisfaction	High	Low	High
Resilience	High	Low	High
Optimism	High	Low	High
Self-efficacy	High	Low	High
Emotional stability	High	Low	High
Neuroticism	Low	High	Low
Extraversion	High	Low	High
Conscientiousness	High	Low	High
Agreeableness	High	Low	High
Openness	High	Low	High
Depression	Low	High	Low
Anxiety	Low	High	Low
Stress management	High	Low	High
Problem-solving	High	Low	High
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Emotional regulation	High	Low	High
Resilience	High	Low	High
Optimism	High	Low	High
Self-efficacy			

<sup>1</sup>These are listed in the Change that happened in Cambridge College over the centuries.

**Abstract** **Background:** The purpose of this study was to determine the prevalence of and risk factors for the presence of a urinary tract infection (UTI) in patients with a urinary catheter (UC) in a tertiary care hospital. **Methods:** A cross-sectional study was conducted in a tertiary care hospital. All patients with a UC were included in the study. Data were collected on demographic characteristics, clinical history, and laboratory findings. **Results:** A total of 100 patients with a UC were included in the study. The prevalence of UTI was 45%. The risk factors for the presence of a UTI were age, gender, duration of UC, and presence of other infections. **Conclusion:** The prevalence of UTI in patients with a UC is high. The risk factors for the presence of a UTI are age, gender, duration of UC, and presence of other infections.

*Applied degree* became close to a reality for Chongqing after Minister of Education, College and Universities, Baojun Chongchuan announced on April 23 that the Eastern government will allow colleges to offer two and half-year applied degree. College graduates John Brown and applied degree programs would be in place by Fall 1990.



On May 1, Cossanga Students has awarded their own logo after changing their name from Dons Student Association. The logo was designed to show the experimental music turned out among the same composition faculty and the college.

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[illegible]

led by the Cuban government at the end of May to pay 17 more shipments. The money was paid and the Superfund account closed. The money was then \$25 million of the college's investment fund, but no body build a new "Wegman complex." The college will be building a new wing inside the cultural center, as well. To agree

[illegible]

In June, a new technology for the broadcasting — video and tele-  
vision program was planned and  
in June work on Aug 1 replacing  
Class Photo video started in May.  
The finished a program of the tel-  
ephone's broadcasting program in  
1971. All the jobs in the broadcast  
in 1971. The, PM, a video strategy in  
the future to be the program.

**Previous Issues:** [November 2009](#)

Frontier Mining varied the college's curriculum series as part of a Classroom Alliance initiative starting on June 3. Classroom visits change as the topics rotate in the case of the symposium in the sciences course and the location of the speakers, according to Rick Brown.

**Lower components of the fixed and  
movable systems have been tested.**

1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	2028	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038	2039	2040	2041	2042	2043	2044	2045	2046	2047	2048	2049	2050	2051	2052	2053	2054	2055	2056	2057	2058	2059	2060	2061	2062	2063	2064	2065	2066	2067	2068	2069	2070	2071	2072	2073	2074	2075	2076	2077	2078	2079	2080	2081	2082	2083	2084	2085	2086	2087	2088	2089	2090	2091	2092	2093	2094	2095	2096	2097	2098	2099	2100	2101	2102	2103	2104	2105	2106	2107	2108	2109	2110	2111	2112	2113	2114	2115	2116	2117	2118	2119	2120	2121	2122	2123	2124	2125	2126	2127	2128	2129	2130	2131	2132	2133	2134	2135	2136	2137	2138	2139	2140	2141	2142	2143	2144	2145	2146	2147	2148	2149	2150	2151	2152	2153	2154	2155	2156	2157	2158	2159	2160	2161	2162	2163	2164	2165	2166	2167	2168	2169	2170	2171	2172	2173	2174	2175	2176	2177	2178	2179	2180	2181	2182	2183	2184	2185	2186	2187	2188	2189	2190	2191	2192	2193	2194	2195	2196	2197	2198	2199	2200	2201	2202	2203	2204	2205	2206	2207	2208	2209	2210	2211	2212	2213	2214	2215	2216	2217	2218	2219	2220	2221	2222	2223	2224	2225	2226	2227	2228	2229	2230	2231	2232	2233	2234	2235	2236	2237	2238	2239	2240	2241	2242	2243	2244	2245	2246	2247	2248	2249	2250	2251	2252	2253	2254	2255	2256	2257	2258	2259	2260	2261	2262	2263	2264	2265	2266	2267	2268	2269	2270	2271	2272	2273	2274	2275	2276	2277	2278	2279	2280	2281	2282	2283	2284	2285	2286	2287	2288	2289	2290	2291	2292	2293	2294	2295	2296	2297	2298	2299	2300	2301	2302	2303	2304	2305	2306	2307	2308	2309	2310	2311	2312	2313	2314	2315	2316	2317	2318	2319	2320	2321	2322	2323	2324	2325	2326	2327	2328	2329	2330	2331	2332	2333	2334	2335	2336	2337	2338	2339	2340	2341	2342	2343	2344	2345	2346	2347	2348	2349	2350	2351	2352	2353	2354	2355	2356	2357	2358	2359	2360	2361	2362	2363	2364	2365	2366	2367	2368	2369	2370	2371	2372	2373	2374	2375	2376	2377	2378	2379	2380	2381	2382	2383	2384	2385	2386	2387	2388	2389	2390	2391	2392	2393	2394	2395	2396	2397	2398</
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The Employees for the President is planning a demonstration to be held at an hour 14, offering a chance to college staff to have one another and learn about them of the college they voluntarily would not have known as John F. Kennedy the president was known and the same because was important because a great family a chance to exchange their brains and give them from their creative content.

**Abstract**

A new patrol designed to bring more police (uniformed) officers was given to Ryan Hunsell during last year's operations with them. The vehicles, an inventory of Sgt. Margaret Fox, an OIT officer and graduate of Community College, who had to be involved in the OIT on the day of the riot.

Figure 1 is a schematic representation of the experimental design. It shows a sequence of events: a 1000 ms fixation cross, followed by a 1000 ms presentation of a stimulus (a word), then a 1000 ms presentation of a second stimulus (a word), and finally a 1000 ms presentation of a third stimulus (a word). The stimuli are presented in a sequence, with the first stimulus being a word, the second a word, and the third a word. The sequence is labeled 'Stimulus' and 'Response'.

There are a number of reasons for this. First, the data are noisy. Second, the data are sparse. Third, the data are biased. Fourth, the data are incomplete. Fifth, the data are inconsistent. Sixth, the data are contradictory. Seventh, the data are conflicting. Eighth, the data are conflicting. Ninth, the data are conflicting. Tenth, the data are conflicting.

CHI were announced after Yarn-Pratt's 20th anniversary engineering conference. Yarn-Pratt stated that the new facility will be expanded to a 400,000-sq-ft facility by 1995. The new facility will be located on Highway 20 near the National Guard main during the Canada Day weekend. Another addition, Ralph Logan, a 60-year-old engineering and construction student completing his on-campus placement, died of a heart attack on July 27.

### Abstract

Cambridge's shared resources published in July featured an infographic on professors who have started up business for the money, comparing Davis and Armstrong listed as professors beginning in 1970. The most recent goal was launched in 1991. A copy of the infographic can be picked up at the Adams Research office in 1000.

1000

Countings had the best record in the RPI survey for the past 2000 along with Connecticut College in Northern Conn. Several programs failed to show last year.

the two state separate programs  
a gradual employment rate, grad-  
ual increase employee con-  
ditions and working conditions.

**Figure 1**

The college announced on July 15 a stay agreement with the police that it is private from and will not permit outsiders to compile a personnel roster which they would require the police to supply a list position. The decision was made after the college and the regional government reached for the past two years. The decision was made after the college and the regional government reached for the past two years. The decision was made after the college and the regional government reached for the past two years.

**Figure 1**

The Rural Youth Job Savings program was announced as part of a new initiative by the private sector and the Danish government aimed at creating jobs for young people. The program will bring new skills to the work force and contribute to rural economic growth.


**Read Spoke**

 Celebrate Leaving  
Home... 

**Party over to Goodwill**


for furniture  
clothing  
household stuff

 **Goodwill**  
1340 Weber Street E.  
Richmond, Ontario  
(519) 894-8628


  
 Welcome to  
**Stratford Campus**  
 Employment Training Readiness  
 Academic Upgrading  
 Job Connect  
 Literacy/Numercy  
 Continuing Education  
**We Wish You Success**

Before it Happens to you . . .  
 . . . The CSI will help you prevent it

## College Survival



*Awareness Week*

- \*Money
- \*Relationships
- \*Sex
- \*Time Management
- \*Drugs
- \*Racism
- \*Eating Disorders

Monday September 18th  
 Friday September 22

## Big business dump creates a stink

What better site than a huge heap of Toronto's garbage to locate the environmentalists' protest? And what better time to do so than the day before they say there's nothing to see at Kirkland Lake.

Imagine how the "Big business dump" scene from around the world will feel when they hear that they can drive an hour north of Toronto to see not only the environmentalists' protest of Canada's big business, but also heaps of city dumps, used condoms and other discarded plastic articles.

Imagine the scene at tourist bureau walkways. According to an article in *The Record*, Kirkland Lake's town square is the dumping of 20 million tonnes of Toronto's garbage over the years. The town is not only facing a great opportunity for job growth, but also an opportunity — the Taj Mahal, Niagara Falls, the Leaning Tower of Pisa, and, oh yes, Kirkland Lake's massive dump.

They say they are willing to consider most of the dump where state of the art engineering is supposed to trap contaminants and then destroy them. A system that is revolutionary and one that has only been attempted on computers — never in person.

A system that makes you go parking illegally.

"If the environmentalists have already dug out of the mass and into the underground water, then the contaminants could be the most harmful than those released in Waterloo," wrote a source.

Others say that because of cracks in the mass where the dumping will take place, the Great Lakes may become the dumping ground for more chemicals of Toronto's pollution.

Toronto city councilors were confused at the vulnerability of the surrounding water systems, but voted against a bye and then would finally vote in the mass a few days later.

It was a message in light of the recent decreasing rates of the poor quality of Ontario's water.

Others, however, had not yet fully grasped that the future of big business would soon again govern the very day state of the environment.

Toronto Mayor Mel Lastman said there was little that Toronto could do to stop the proposed dumping of its garbage in Kirkland Lake.

"They came to us," said Lastman, "as if this somehow means that there was nothing to do to stop it."

The environmentalists did not have a purpose that could result in more pollution of the Great Lakes waterways and a threat to drinking water was possibly polluted and have decided to challenge their case with the most common of Toronto's possible cash crop, the Olympics.

In hopes of winning the project, they are hoping that the success of Toronto dumping its garbage responsibly will not be looked at favorably, and that the city will back down after the fact.

The environmentalists are hoping to play by the only rules that seem to be effective these days in dealing with business — by dominating the box of Toronto's garbage.

In several days, Toronto will be able to dump its amount of garbage in Kirkland Lake. It is an environmental and dumping project that clearly demonstrates big business's lack of understanding of the important environmental issues facing the globe.



## Party continues as bounce dies



Party continues as bounce dies

On Saturday night, about 1,000 people in the city of Toronto were gathered at the city's main square, the City Hall, for a night of partying. The night was a night of partying, and the night was a night of partying.

Despite the city's reputation for being a party town, the night was a night of partying. The night was a night of partying, and the night was a night of partying.

As the night went on, the partying continued. The night was a night of partying, and the night was a night of partying.

Several of the city's employees were seen dancing on the street. The night was a night of partying, and the night was a night of partying.

The night was a night of partying, and the night was a night of partying.

"It was a night of partying," said a source. "The night was a night of partying, and the night was a night of partying."

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## SPOKE

Keeping Conestoga College connected

SPOKE is published and produced solely by the journalism students of Conestoga College.

Editor: Tracy Ford, News Editor: Peter Langner

Photo Editor: Tracy Ford

Advertising Manager: John Fries

Circulation Manager: John Fries, Faculty Supervisor: Jerry Ford

SPOKE is printed at 399 South Valley Dr., Room 404, Kitchener, Ontario N2G 4M4

Phone: 344-1120 ext. 400 401 402 403 Fax: 344-1544 e-mail: spoke@conestoga.ca

SPOKE is a weekly student newspaper published by the journalism students of Conestoga College. It is a free newspaper that provides news, information, and entertainment to the campus community. It is a student-run newspaper that is published weekly, except during the summer months. It is a student-run newspaper that is published weekly, except during the summer months.



# Road Trip 2000



## Schedule of Events

Plan to join the CSI as we welcome each and every one of you to the #1 College in Ontario. Each day, during our two-week schedule of events, we have planned something exciting for you to participate in. Be sure to take advantage of the many opportunities offered to you during the Week of Welcome - you won't regret it!

### CSI Information Fair

August 28th - August 31, 2000

What is the CSI anyway? Who are the members? How can I get involved? What services do other departments offer?

Find all this out and more at the CSI Information Fair

### Outdoor Movie - Road Trip

Monday, September 4

8:30 p.m. - Outside by the Pond

Bring lawn chairs and blankets - this movie is outside, baby! Featuring one of the summer's blockbuster hits Admission and popcorn is FREE!! Everyone is welcome!! Licensed event!

### Casino Day

Tuesday, September 5

11:30 - 2:00 p.m. - The Sanctuary

Show up at the Sanctuary for some fun, games and laughs!!

### Bus Trip to Sportsworld

Tuesday, September 5

Bus leaves Deon Campus at 4:00 p.m.

Enjoy an evening at Sportsworld. Battering cages, go carts, rock climbing. Prizes and other surprises too!

### Pond Party & BBQ

Wednesday, September 6

11:00 a.m. - 2:00 p.m. - Outside by the Pond

Take a pit stop from the Road Trip and visit the Pond Party for free burgers and pop. Win cool prizes, hang out and party with Conestoga Students!

### Roadside Attraction: Comedian Rick Bronson

Tuesday, September 7

11:30 a.m. - The Sanctuary

Prepare to laugh your pants off!!

STAY TUNED FOR MORE FUN EVENTS COMING TO A BULLETIN BOARD NEAR YOU!!

Event information and tickets are available at the CSI office!



## Pub Night at Loose Change Lounge's

Thursday, September 7

Everyone Welcome. Bus will leave from residence at 8:30 p.m.

Everyone hold on!! It's gonna be a bumpy ride. Pile on to a big yellow bus from Rex, shake your groove thing, and get a safe ride home. What more could you ask for?

## Movie of the Week

Friday, September 8

Free movie, free popcorn...be there!!

## Molson's Goggles

Monday, September 11

11:30 a.m. - The Sanctuary

Test your driving ability by strapping on a pair of goggles and going for a ride!! Come and see for yourself.

## Condor Radio Station Remote

Starts at 11:00 a.m. - The Sanctuary

Conestoga College's own radio station will be broadcasting live from the Sanctuary. Lots of prizes to be won!

## Concert: Choclaire with Baby Blue sound Crew & Jilly Black

Wednesday, September 13

The Recreation Centre. Doors open at 8:30 p.m. sharp

Don't miss the best concert ever! Choclaire will be rockin' the rec centre with Baby Blue Sound Crew & Jilly Black. Purchase your tickets at the CSI Office.

## Psychic Dan Valkos

Thursday, September 14

11:30 a.m. - The Sanctuary

Wouldn't you like to know where your future is going? Do you want to know what tomorrow brings?

Come to the Sanctuary and check it out!

## Movie of the Week

Friday, September 15

11:30 a.m. - The Sanctuary

Free movie-free popcorn...be there!



**STAY TUNED FOR MORE FUN EVENTS COMING TO A BULLETIN BOARD NEAR YOU!!!**

Event information and tickets are available at the CSI office!!

# CSI represents students' concerns

By Felix Lampert

Conestoga College's student government, recently called the East Student Association, has changed its name to Conestoga Students' Association.

CSI president Philip Lefebvre said the SGA changed its name because it wanted to include Conestoga College's other two parts: the College's Waterloo and Kitchener, where the student union also represents its students.

"We could see the college going up and not wanting to make sure things were in place for more students," said Lefebvre.

The student union is located in 1973, provides services and support to students in appreciation for student study in government and college administration.

Lefebvre said the CSI "wants to be a one profile organization" which

Conestoga students receive very good educational employment and career opportunities and more.

Some student employment opportunities involve working to help staff build or develop students and the work with programs.

The CSI represents students at various committees and organizations including such as the Student Council of government, the 100 000 Committee, the Student Association and the college council.

The student is involved in various organizations and committees such as student and study days.

Lefebvre said the CSI will also fight for student rights through educational funding for students in need of financial assistance and taking in student fees.

"We are the voice of students,"

Lefebvre said the student union

may also get involved in any problems students may have in education, such as student support and thereby appreciate the added CSI will make sure the students' interests are met.

"We address students' concerns and issues with the college management," said Lefebvre.

He said the student union also represents students in the community by supporting various organizations, such as the First and Second Foundations and Mary's Place, a shelter for women.

Lefebvre said the university council wants students' participation in student activities and enjoy their time and life experiences. He added the college has various clubs for students to get involved with.

Lefebvre said he is available anytime for students who want to come in to talk with him. He is open on campus. His office is in the CSI office, located in the back of the library.

"I'd love to hear what they have to say," he said. "There really has to be a way to get better and that's through feedback."

For any student interested in the student union, a form of student information is held in September, and can pick up information and support in the CSI office in the library.

The SGA/CSI CSI university has and is rapid development for the university with students' needs and are quickly supply students with services and support. Lefebvre said the two day one of



Phil Lefebvre, CSI president, displays a student handbook for new students.

the lowest in the province and pay for everything students do and live at the college, but entertainment and lounge services.

Students looking to learn more about the CSI can attend an info session that is Aug. 12 to Aug. 13 from 10:30 a.m. to 1:30 p.m. in the library.

The two will address questions such as what the CSI is, who its members are, how students can get involved and what services and programs offer.

The student union is a part of both campus and town.

CSI executive members for the year 2003/2004 are Lefebvre, president; Roy Whitlock, vice president of operations; Michael Byrne, vice president of student; and Wendy Dinkler, vice president of student affairs; and Terry Brown, vice president of student life.

More information on the CSI, a copy of the CSI code of conduct, available in the CSI office in the library. Web site is [www.conestoga.ca/csi](http://www.conestoga.ca/csi), which also offers an online chat with

Come See The World In

Monday  
September  
11th @ 11:30 in  
the Sanctuary



Conestoga College is a member of the Ontario College of Art and Design Association (OCA) and the Ontario College of Applied Arts and Crafts Association (OCAAC).

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- Employment Training Readiness
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- Personal Support Worker
- Focus for Change
- Continuing Education
- Training & Development



Conestoga  
College

**Good Luck & Good Success!**

# Students can turn to library staff for help

By Peter Lamping

Many Conestoga students in need of research skills turn to staff at the college's Learning Resource Centre for help.

"We help people find information for projects," said Cathy Peters, information services co-ordinator at the LRC. "If people want help they can come to the information desk."

The LRC is located inside the library office in the main building on campus and offers students a variety of services.

The library centre uses a computer-based catalogue, which lists all books, video-cassette games, music, publications, pamphlets, journal reports and magazine titles available at the library.

"New students should know that we have a lot of information that will help them with their courses," said Peters. "We're very approachable and they should ask us for help if they need it."

Students can get a computer workstation at the library or book

for information, but it can be used for personal use as a word processor. One located in the right of the information Services desk in the LRC and has a variety of software on hard and CD-ROMs for use at desk.

Some databases available are EBSCOhost, the Electronic Journals Library (EJL) and to Internet Online. EBSCOhost and ERL contain thousands of journals from Cambridge and 12,000 journals and journals. The ERL and some Cambridge contain only and full text goes back to 1994.

The LRC also has a career resource, the Human Resources Development Canada (HRDC) computer workstation. Students can search for occupations and get information on jobs.

The book catalogues also has a database for students to use. The student accommodation database and newsletter, which can be searched for all types of newspapers and magazines that the college has been in its history. With the Multimedia students can

search on-line. Some books and magazines are also available. The library centre book store at the College and other staff the Financial Aid services.

Procedures are defined, in eight technical notes at the back of the LRC and in the left of the information services desk. These notes are defined separately from the book notes. Book notes, except for morning journals, suggest the general and technical notes may be applied use from the library.

Students can specifically request can be found in the periodical catalogues located in the periodical centre, which is on the CD-ROMs available at the computer workstation.

Connecting a student, family and staff they can get contact from the LRC for the new notes. Students must bring a student card and may sign on two books per subject in one day. Documentation provided, provided there is a request for the book from someone else.

Audio visual services and other materials, periodicals, video, etc. The LRC staff can provide further



Cathy Peters, information services co-ordinator at the college's LRC, displays one of the various note resources.

photo by Peter Lamping

information on which materials are in request.

Library materials can be returned in the drop boxes located inside the LRC by the electronic desk, or placed in the left after hours book slot in the library door.

The college's LRC also provides students with other services like photocopying in 12 units a day and Thursday nights in need to

make connections at 20 units a day.

The library centre has two open study rooms, computer rooms and audio-visual rooms.

Library on September the library will be open from 9 a.m. to 7 p.m. on Monday or Thursday, Friday 9 a.m. to 4:30 p.m. and 6 p.m. to 9 p.m. on Saturday and Sunday.

## Security ensures Conestoga is safe place for students

By Justin Peters

Security means staff at Conestoga College try to ensure that the campus is a safe place to be.

"The mission is to provide a peaceful environment for students and teachers to work and study," said John Teller, a security representative.

According to Teller, security staff try to prevent students before they happen.

"We try to be proactive, not reactive," said Teller.

Teller said that the school is more than 24 hours a day, seven days a week by 24-hour security TV cameras.

"The system is being upgraded," said Teller. "The purpose of the camera is enhanced safety."

Emergency phones, mobile lighting and a program called Walk Safe are in place to make sure that students feel as safe as possible at Conestoga.

Security plans are done regularly, people provided by the college to ensure security and 24 hours when not monitored by the college to

keep it a safe environment.

Only on the information centre, the can supply students and faculty with information and assistance in a variety of ways," said Teller.

He said if an incident happened, at a student had a security officer, security services would ensure the proper response.

Teller said that Conestoga College is a safe place and that there were only three incidents of sexual last year.

"That is very small number can reduce the possibility."

Teller said security services also have random checks and safety procedures, students getting very late and there is a list of names of students to faculty and other people about safety on campus.

Security services and Conestoga Students can discuss the Walk Safe program which provides an escort for those who are concerned at walking in the parking lot. Walk Safe, which is free by Conestoga Students, has been Monday - Thursday 10 a.m. to 10:45 p.m. and on weekend nights from 10 a.m. and 10 p.m.

### PEER SERVICES IS NOW HIRING!!!

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- health resources and information
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- birth control counselling
- pregnancy testing
- a place to rest when you are ill

### HOUSING

Attention Students!!!

Are you still seeking housing accommodations?

Come to Student Services - Rm 2802

# Athletics and Recreation

## Intramural Sports

### Intramural Programs Include:

Co-ed Slo-Pitch      Ultimate Frisbee  
Co-ed Volleyball      Co-ed Basketball  
Contact Hockey/Men's Ball Hockey



## 2000-2001 Intramural Schedule

Note: Your team must have a captain or representative at the Captain's Meeting.

### Session 1

Activity	Registration	Captain's Meeting
Co-ed Slo-Pitch	Sept. 4-13	Sept. 13 @ 4:30 p.m.
Ultimate Frisbee	Sept. 4-13	Sept. 13 @ 4:30 p.m.
Tennis Tournament	Sept. 4-13	Sept. 13 @ 4:30 p.m.
Tournament date scheduled for September 25		

### Session 2

Activity	Registration	Captain's Meeting
Co-ed Volleyball	Oct. 10-18	Oct. 18 @ 4:30 p.m.
Non-contact Ball Hockey	Oct. 10-18	Oct. 18 @ 4:30 p.m.
Contact Ice Hockey	Oct. 10-18	Oct. 18 @ 4:30 p.m.
Co-ed Basketball	Oct. 10-18	Oct. 18 @ 4:30 p.m.

### Session 3

Activities to be posted

For more information please contact Marlene Ford at 748-5220 ext 452 .

## Extramural Sports

Activity	Date
Men's Fastball	October 5
Contact Hockey	February 9



Please contact Marlene Ford at 748-5220 ext 452 for registration and tryout information

# Athletics and Recreation

## SAC

### (Student Athletic Committee)

The Conestoga College Athletics and Recreation Department requires a few good women and men for the 2000-2001 Student Athletic Committee.

Are you the right person?

SAC requires 8-10 people who have a love for sports and enjoy interacting with others. You do not have to be an athlete to be a member of SAC.

A position with SAC involves the responsibility of serving events for students. As a member of SAC you will gain valuable leadership experience, demonstrate responsibility and your ability to work with a team.

As a member of SAC, you will gain valuable leadership experience, demonstrate responsibility and learn to work within a team.

All positions will become open and it's based on a first come, first served basis. Contact the Recreation Centre at 748-3512 for more information.

## Jobs!

Looking for employment?

There are many part-time employment opportunities within the Conestoga College Athletics and Recreation Department.

Below is a list of part-time positions available for the 2000-2001 academic year. For more information or to apply for any of the positions listed below, please contact the

Recreation Centre  
at 748-3512.

**Scorekeepers**

**Timekeepers**

**Varsity Team Managers**

**Mascot (Cliff the Condor)**

**Hockey Game Announcer**

**Videographer**

*(demo tape required)*

**Photographer**

*(samples of work required)*

**Concession Attendants**

**Condor Roost Bar Staff**

**Athletics Receptionist**

## Varsity Tryouts

### Women's Softball

*Coach Mitch Keirstead*

*Monday, August 28, 2000*

*4:30 p.m.*

*Diamond One*

### Outdoor Soccer

*Men's Coach Geoff Johnstone*

*Women's Coach Stephanie Den Haan*

*Monday, August 28, 2000*

*4:30 p.m.*

*Soccer field*

### Men's Hockey

*Coach Ken Galerno*

*Tuesday, September 5, 2000 5:00 p.m.*

*Recreation Centre Arena*

For more information please contact the Recreation Centre at 748-3512.



## COUNSELLOR'S CORNER: CHANGE

As you begin your new semester in college, you will begin the process of change. Whether you are leaving your parents for the first time or you are parents leaving your children, the transition will feel exciting and perhaps a bit stressful too. Change means an ending and even if you are welcoming the change, it's natural to miss the old and ways of doing things.

William Bridges, who writes about transitions, says four things can help us through that uncomfortable time between the old and new. First, try to do things that make you feel more in control, like getting the information you need to find your way around. Understand that this is a transition time and if you feel overwhelmed, it doesn't mean going to school was a bad decision, you are just in transition. Find support systems in your family, old friends, new friends, your teachers and counselors in Student Services. And finally keep in mind your purpose in coming to school. Focus on this outcome.

Remember you are not alone in this transition time. If you do need more support, come to Student Services, inside Door #4. Counseling services are confidential and free.

# Fly Higher, Read Spoke

## Know Your Student Rights



Counseling Students Inc. is pleased to provide all Counselors students with this summary of Rights and Responsibilities. If you have any questions or request any assistance with something not addressed here, come in and see us in the Library or call the CSE office at 748-3131.

Counseling Students Inc.  
200 East 10th Ave. Suite 200, Anchorage, Alaska 99501  
Phone: 748-3131 Fax: 748-3132 Email: info@counselinginc.com

### What Do You Do...

- ...if you're away from home for the first time and feeling lonely?
- ...if you're experiencing personal problems?
- ...if you're experiencing academic problems?
- ...if you're confused about tests, presentations or your placement?
- ...if you're not sure your previous study habits will work for you in College?
- ...if you have questions, concerns about anything?

Don't wait! Don't hesitate! We are here to help you succeed!

Here is a location to Student Services on your campus:

**FREE AND CONFIDENTIAL\***

Drop in to Room 200 Student Services, Davis Campus or call us at 748-3225 Ext. 200 or 337

Student Services (Off-Campus) Campus Ext. 334

Student Services (Off-Campus) Campus Ext. 334

## If you knew one hour of your time could save someone's life...

What's the story?

At 10:00 AM, you will be asked to give a 10-minute presentation.

As a 10-minute presentation, you are eligible to give a 10-minute presentation. If you are not, you can come to the Student Services office to help you.

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For a complete information, visit [www.10min.com](http://www.10min.com)



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*Ontario Community College Student Performance Association  
Association des étudiants de collèges communautaires de l'Ontario*

## OCCSPA/APECCO

The Ontario Community College Student Performance Association is a lobbying and networking group for students of Ontario's community colleges. It is student-run, bilingual, non-profit organization in the pursuit of excellence in education.

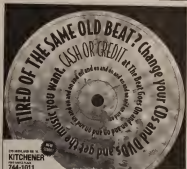
Association performance des étudiants de collèges communautaires de l'Ontario est un groupe de pression. Cette association bilingue, dirigée par les étudiants, est non-profit et a pour but de l'excellence en éducation.

## VISION

The purpose of OCCSPA/APECCO is to represent and lobby, locally and publicly, the concerns of community college students. The underlying value is to create an idea sharing experience and ensure that education is a financial resource, transferable and of high quality. The end result is to provide a coordinated organization for students to discuss and respond to issues of concern to community college students in Ontario.

180 rue Dundas Street, Suite 1000/Colle 1000, 180 Dundas Street,  
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Information/telephone: (416) 544-7273 • info@occsa.com • (416) 544-0289  
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Conestoga



Present

Students

# CHOGLAIR

WEDNESDAY SEPTEMBER 13, 2000  
AT THE RECREATION CENTRE

00460000 31138221000



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